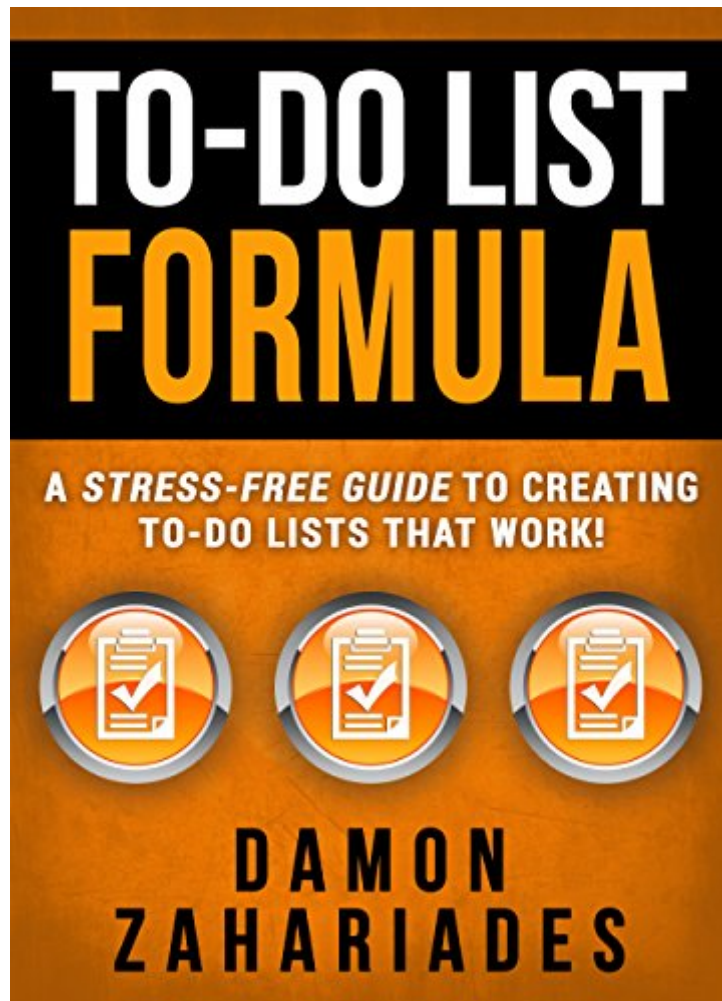


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# To-Do List Formula: A Stress-Free Guide To Creating To-Do Lists That Work!



## Synopsis

Finally! Discover How To Create To-Do Lists That Work! Do you feel frustrated because you can't seem to finish every item on your daily to-do lists? Do you feel discouraged because you're not effectively managing your workload and responsibilities at your office and home? If so, it's not your fault. Millions of people are using to-do lists that set them up for failure. No matter how hard they work, they're left with a laundry list of unfinished tasks at the end of each day. You can probably relate from experience. If you're creating to-do lists like most people, your lists are almost certainly failing to do their job. You're probably feeling aggravated and dispirited as a result. The good news is that there's a simple solution. It's a matter of using an approach specifically designed to help you organize, manage, and address every task and responsibility on your plate in a timely fashion. This approach is detailed in *To-Do List Formula: A Stress-Free Guide To Creating To-Do Lists That Work!* It's the only guide you'll ever need to create an effective personal task management system. *To-Do Lists And Personal Task Management Made Simple!* In *To-Do List Formula*, you'll discover:

- 8 Reasons You're Failing To Get Through Your Daily To-Do Lists
- The 10 Most Popular To-Do List Systems (And Why They're Flawed)
- Step-By-Step Instructions For Creating The Perfect To-Do List
- How To Keep Your To-Do List System Running Smoothly
- The Pros And Cons Of Paper Vs. Online To-Do Lists
- How Your To-Do Lists And Calendar Work Together

That's a bird's-eye view of what you'll find in *To-Do List Formula: A Stress-Free Guide To Creating To-Do Lists That Work!* Click the cover image above to view the entire table of contents. This fast-moving guide is organized so you can easily jump back and forth to the sections that interest you in the moment. If you're tired of creating to-do lists that constantly disappoint you, now's the time to make a positive change. Learn the correct strategy and enjoy increased productivity, less stress, and more free time in the process. Click the "Buy Now" button at the top of this page to grab your copy of *To-Do List Formula* today!

## Book Information

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## Customer Reviews

I have read and attempted to implement almost all the productivity methods, apps, systems, etc. Never quite adopted any of them faithfully. This book explained why and turns one's thinking to solutions possible based on one's specific circumstances and nature. A life changing book.

I am not an avid reader, but like most I always want to get the most out of the limited time to get things done throughout the day. This is a quick read that breaks the concepts down into easily understood principles to create your own to-do list time management system. I highly recommend this book for anyone who wants to get the most out of the time available!!

Damon did a great job summarizing all the great to-do systems out there and then highlighted some of the most valuable insights that each provide when planning your own to-do system. In addition Damon then provided some clear direction (namely, ten steps to putting an effective set of to-do lists together) and then tips and ideas to help solidify the process in your life. I have been loosely following the GTD system, among others, for many years and often get frustrated by some of the road-blocks Damon described in his book. He was spot on with several of them, proving that he is speaking from experience! Overall, I would have liked to have seen some visual examples of his system (using todoist, a paper planner, and calendar combination) just to bring it all together in a finished product. I understand that every system is customized to the individual, but visual examples of what the author successfully uses can also be a great benefit to generating ideas.

Really good book here. Does a perfect job of covering the problem, other solutions that exist, and

his solution to the problem in succinct fashion. Other books should use this one as a model of how to write a how to book! Kudos to the author. I have not yet implemented his plan, but will do so starting tomorrow.

Great book, reviews lots of types of to-do formats, helps you identify areas that you need to work on to improve your to do lists and offers a formula for a good one. I just finished reading the book, and like many of his suggestions. I'm going to try to implement several of them right away and hope that it helps me spend my time on the most important tasks instead of writing and re-writing what I need to do.

Confirmed what I believe about To-do list processing and the tools I use. My problem is too many tools. If only all the apps supported the same meta-data in terms of due dates, context and categories etc my system would be perfect ;-) Good detail and certainly worth the short time it takes to read. Top of my list... get my daughter to read it.

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